

# Focus & Memory Lesson Plan



**Age:** 5-10 years old

**Time:** 25-35 minutes

**Overview & Purpose:** The program is intended to be individualized and versatile, this lesson plan is one example of how Learnigo can be used with your students. The program can be used independently or as a supplement to other therapeutic and educational activities. This lesson plan is based on our **free demo**.

**Goal:** Students aged 5-10 will demonstrate improved attention and visual perception skills to improve their executive functioning abilities.

## **Learning Objectives.**

1. Students will visually identify similarities and differences.
2. Students will respond to similarities and differences.

## **Activity**

**Warm Up/Introduction:** Using slide 7/34 Attention. Perceptiveness

You can say: *You may not realize it, but your brain is working hard to stay focused, whether you're paying attention in class, playing your favorite game, or talking to a friend. Focusing helps you learn new things and achieve your goals. Today we are going to do some activities that strengthen our focus muscles.*

Press Start. Students will look at the visual and be instructed to notice the details.

Guided Questions: What do you see? What color is the teddy bear? Where is it?

Each visual will be on the screen for 10 seconds. They will be prompted to place the teddy bear in the correct box. There are 3 opportunities.

**Lesson:** Using Slide 8/34. Attention.Perceptiveness.

1. Students will view 2 images to find similarities or differences.
2. Working as a whole group, view the first image and discuss the differences and similarities between both images. Guiding questions- What do you see? Are they alike or different? Can you point out the differences?
3. Small group or pairs. Students will discuss the differences and similarities of each picture. They will continue the activity to get as many correct as possible. Students will repeat to improve their scores.

**Practice:** Use the Learnigo Worksheet titled "Attention. Perceptiveness" to reinforce the activity as homework or independent practice.

## **FREE Focus & Memory Demo**

